

Guide for the use of lipid lowering drugs in adults.

	Initiate Therapy		Target Levels	
	TC	LDL-C	TC	LDL-C
Highest Coronary artery disease	>5.0	>3.2	<4.5	<3.0
Very High PVD, Diabetes +FHx, Familial HC	>5.5	>4.0	<5.0	<3.5
High HDL < 1.0 HT, Smoker	>6.5	>5.0	<5.5	<4.0
Lower None of the above	>7.5	>6.0	<6.5	<5.0

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Selected disorders associated with secondary hyperlipidemia

Disorder	Cholesterol	Triglycerides	HDL	Metabolic/Endocrine
Hypothyroidism	++	N	N	
Diabetes mellitus, type II	+	++	-	
Cushing's syndrome	+	++	-	
Renal				
End-stage renal disease	+	+	-	
Nephrotic syndrome	++	++	-	
Hepatic				
Obstructive liver disease	++	N	-	
Primary biliary cirrhosis	++	N	+	
Drugs				
Alcohol	N	++	+	
Isotretinoin and etretinate	N	++	-	
Thiazide diuretics	N	+	-	
B-blockers	N	+	-	
Cyclosporin	++	N	N	